

Ad-Soyad:.....

Sınıf/Şube: .....

No: .....

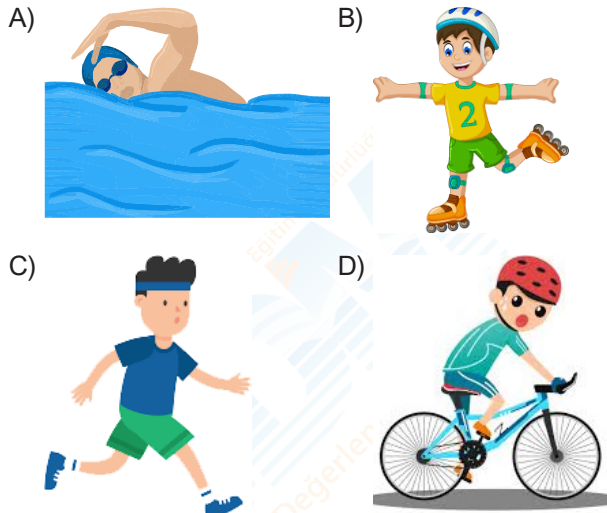
1. You have interest in individual sports; you go to a sport center to have information about courses.

**What would you say to sport coach?**

- A) I want to do Zumba with my friends, can you give me some information about the hours of this courses?  
B) Can you give me some information about the courses that I can do on my own?  
C) What are the equipment for fitness?  
D) I would like to know how much does a yoga class cost.

2. In this sport, all you need are a pair of shoes and comfortable clothes. You can do it everywhere. It is healthy and keeps you fit.

**Which sport is it?**



3. Which option is about personal success?

- A) There is a special ball and a racket for this sport. You hit the ball and try to send it to the other side of the net. If the other player cannot catch the ball, you score a point.  
B) A journalist interviewed me for a famous sports magazine because I have two gold and one silver medals. I usually win my matches and I'm also taking part in the Olympic Games.  
C) I'm from Tokyo and I'm twenty seven. I am studying Physical Education and Sports in England. I play badminton in the school's team.  
D) I get up at 6 and go running in the park. Then I have a big breakfast and leave home for school. After school, I train three hours.

4. My father is a very athletic man and he is interested in sports a lot. He is free only on weekends, so he is looking for some places to do archery on Saturday and go jogging in open air on Sunday.

**Which of the following posters is suitable for my father?**



5. **Zeynep** : How often do you have chess classes?  
**Deniz** : .....,on Monday, Tuesday and Friday.

**Choose the correct option.**

- A) Rarely B) Every day  
C) Three times a week D) Sometimes

6. **Metin** : Hey, Derya. What a surprise! What are you doing here?  
**Derya** : Hi, Metin. I'm buying a ticket to London to visit my grandparents  
**Metin** : Do you often visit them?  
**Derya** : I don't. I can visit them only once a year. What about you?  
**Metin** : Oh, I visit them four times a week. They live one block away from my apartment.

**How often do Metin and Derya visit their grandparents?**

	<b>Metin</b>	<b>Derya</b>
A)	often	rarely
B)	sometimes	never
C)	always	often
D)	rarely	usually

7. **Which sentence shows frequency?**

- A) They have a volleyball tournament every year.  
B) Melisa visits her grandparents with car.  
C) I do a football match with friends at 19.00.  
D) Jale is careful about her diet and exercise.

8. 1. How often do you go out with your friends?  
2. Who helps you with your homework?  
3. When do you have driving lessons?

**Which answer is extra?**

- A) We usually go out once a week.  
B) We have dinner in Japanese restaurant.  
C) It is on Wednesday.  
D) My sister usually helps me.

9. **Aslı** : .....  
**Can** : Every day. Because language is very important in our school.

**Choose the best option.**

- A) How often do you have Maths classes?  
B) When do you go out for research?  
C) How often do you have Italian courses?  
D) Do you have language courses every day?

10. My favorite free time activity is yoga. It helps you to sit and stand straight. You can keep fit at the same time. You also learn to train your mind. Three times a week is more than enough because you burn many calories. You don't need to practice it for long hours in the beginning. An hour each time will make you feel energized.

**Which question is NOT answered in the text?**

- A) What are the good effects of yoga?  
B) How long should you do yoga?  
C) Which equipments do you need for yoga?  
D) How often should you do yoga

11. **Barış** : .....  
**Elif** : I go skating with my friends on Saturday and I do yoga alone near the lake on Sunday.

**Choose the correct option.**

- A) Where do you meet your friends?  
B) Do you want to be an athlete?  
C) What do you do on weekends?  
D) How often do you go skating?

12. Professional athletes hardly ever eat junk food because they .....

**Which of the following completes the sentence?**

- A) need to be fit.  
B) win the matches.  
C) never go on a diet.  
D) like pizza and hamburger.

Answer the 13. and 14. questions according to the paragraph below.



A SPANISH TENNIS PLAYER Rafael Nadal was born on June 3, 1986 in Spain. He is a very successful tennis player and he has a lot of medals in his tennis career.

He won his first Grand Slam title in French Open Tennis Tournament in 2005. He won 17 Grand Slam tournaments in total. He does many things to keep himself fit and to be healthy. He always gets up early and goes jogging in the park every day. He trains four or five times a week. He eats healthy food and he never eats junk food. He knows that he should exercise hard to win a medal in the tournaments. He always says "As a tennis player, you can win and you can lose and you must be ready for both."

13. Rafael Nadal .....

- A) goes jogging five times a week.
- B) says you always have to win.
- C) usually loses in his tennis career.
- D) has a healthy diet.

14. He .....

Which one is FALSE according to the text?

- A) rarely trains to win in tournaments.
- B) has a professional tennis career.
- C) trains many days a week.
- D) eats healthy food.

15. Selim : Do you really fancy swimming?

Deniz : Yes, it is my favourite sport.

Selim : How often do you swim?

Deniz : ..... because I want to win the Olympic races.

Choose the correct option.

- A) Six days a week
- B) Every month
- C) Once a week
- D) Only weekends

Answer the 16. and 17. questions according to the chart below.

### TIM'S WEEKLY PROGRAM

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07.00	go jogging	go jogging	go jogging	go jogging	go jogging	go jogging	go jogging
10.30	train in gym		train in gym		train in gym		play volleyball
13.00	dive	dive	dive	dive	dive	dive	dive
18.00		go cycling		go cycling			
21.00						go bowling	

16. Which statement is TRUE according to the table above?

- A) He does team sports more than individual sports.
- B) He never does sports after 7 in the evenings.
- C) He dives and goes jogging every day.
- D) He goes to the gym twice a week.

17. How often does Tim ride a bicycle?

- A) three times a week
- B) twice a week
- C) once a week
- D) never

18. Today I want to introduce you my dear father. He is not young anymore, but he still goes to work every morning. He always eats his breakfast at home because when he gets up, he finds the table ready. He likes black tea, green olives and fresh bread for breakfast. He seldom eats out at noon. He often cooks his own dish at his workplace. He arrives home early in the evening. He gets tired easily during the day and he always wants to relax in front of TV most of the nights.

From the text, we CANNOT understand that .....

- A) the writer and his father live in the same city.
- B) the writer loves his father a lot.
- C) the writer's father is old.
- D) the writer's father is stillworking.

Answer the 19. and 20. questions according to the dialogue below.

- Ali** : Hi, Deniz. Are you busy this afternoon?  
**Deniz** : Yes, I am. I have basketball training. Why?  
**Ali** : There is "Age of Ultron", a new Avengers movie, at the cinema. What about tomorrow?  
**Deniz** : I'm afraid, I'm busy tomorrow, too. Our coach says the team should work hard.  
**Ali** : When are you free?  
**Deniz** : I train on Tuesdays, Wednesdays and Saturdays. What about Thursday?  
**Ali** : That's OK with me. See you then.  
**Deniz** : See you, bye.

19. What day is it?

- A) Monday B) Tuesday  
 C) Wednesday D) Saturday

20. How often does he go basketball training?

- A) twice a week B) twice a day  
 C) three times a week D) three times a day

21. **Burak** : Hey, Murat. How often do you play badminton?  
**Murat** : Five times a week. What about you?  
**Burak** : Never.....

Which sentence completes the dialogue?

- A) I don't find individual sports interesting.  
 B) I think team sports are boring.  
 C) It makes me feel good.  
 D) I hate scoring points.




Answer the 22. and 23. questions according to the table below.

SPORTS	PLAYERS	PLACE	EQUIPMENT
volleyball	6	Court (indoor,outdoor)	net,ball,knee pad
American football	11	field(outdoor)	ball,helmet
Ice hockey	6	ice rink,indoor	hockey stick,ice skates,gloves
baseball	9	field(outdoor)	helmet, gloves,baseball bat,baseball

22. Which statement is FALSE according to the information given in the table?

- A) American football needs more players than other sports.  
 B) Only volleyball, American football and baseball players need a ball.  
 C) Ice hockey players don't need a special equipment for their hands.  
 D) The number of the players in volleyball and ice hockey are the same.

23. Which equipment do baseball players not need according to the table?

- A)  B)   
 C)  D) 